

How To Reduce Attorney Burnout

Reducing possible opportunities for burnout in your law firm can help you to improve employee satisfaction, reduce attrition and improve overall morale. Legal teams can use this checklist to see how they can manage and prevent burnout at their firm.



Did you know...

70% Of In-House Lawyers Are Likely To Leave In The Coming Year

Checklist: Is Your Law Firm Preventing Burnout?

- Our firm leaders hold **regular reevaluations** for career advancement, benefits and leadership opportunities.
- Our leadership team **invests time and money into career advancement** opportunities for the department.
- Employees have the option to work from home or implement **flexible schedules**.
- We acquire and use technology to increase efficiency through **automation and artificial intelligence**.
- We use various tools to **communicate assignments** and expectations before setting due dates.
- Our senior attorneys assist, advocate for and **mentor junior attorneys** when needed.
- All staff members are provided with **resources and perks** to improve their physical and mental well-being.
- Managers conduct **check-ins with employees** to offer support and guidance.
- We have a **human resources department** and process to navigate programs and benefits.

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Sources:

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<https://www.forbes.com/sites/benjaminlaker/2021/06/02/five-ways-leaders-can-reduce-burnout-of-their-employees/?sh=55d5861c2d1f>